

## **WISCONSIN AACFS CONFERENCE MATERIALS**

Order online at [www.wicfs-me.org](http://www.wicfs-me.org) or [www.Panda-clinic.com](http://www.Panda-clinic.com)

Mail in order form enclosed.

### **BOOKS**

***We're Not in Kansas Anymore: Chronic Fatigue Syndrome & the Politics of Disease*** Author: Rik Carlson

**Publisher:** Monkeys with Wings; (09/04) ISBN: 0-972-16491-X 164 pages.

A heads-up look at boomer history, from Mouseketeers to John Kennedy, the Viet Nam era, to the prosperous Reagan years, **We're Not in Kansas Anymore** chronicles an activist's life put on hold by Chronic Fatigue Syndrome. This book is superbly written, fun and steaming as the author questions the ethics of US public health agency research funding, big business insurance and our health care system, issues faced by all who experience chronic disease.

**List Price: \$14.95      Conference Price: \$10.00 + postage =      \$12.00**

***Havens: Stories of True Community Healing*** Author(s): Leonard A. Jason, Martin Perdoux

**Publisher:** Praeger; (6/30/2004) ISBN: 0-275-98320-X. 176 pages.

This collection of narratives is about quality of life for people with disabilities including chronic fatigue syndrome. Does social services money directed at institutional care, assisted living or in home care address the healing process? The authors suggest that isolation can worsen symptoms. The stories show that when chronically ill people live in a house (Haven) with others who share similar illness, quality of life improves. For patients, activists and social services experts, this book suggests that healing communities are more effective and less costly than the traditional social services model for the chronically ill.

**List price \$39.95      Conference Price: \$25.00 + postage =      \$27.00**

***The Clinical and Scientific Basis of Myalgic Encephalomyelitis / Chronic Fatigue Syndrome***

**Publisher:** Nightingale Research Foundation (1992) 725 pages

Edited by Byron Hyde, M.D., Nightingale Research Foundation, Ottawa, Canada. Editorial and conceptual advice from Paul Levine, M.D., NIH, Bethesda, Maryland, USA and Jay Goldstein, M.D., Chronic Fatigue Syndrome Institute, USA

Eighty authorities contributed their knowledge to produce this 75-chapter book, a comprehensive source on ME/CFS history, epidemiology, virology, immunology, muscle pathology, host response, food intolerance, brain mapping, neurophysiology, neuropsychology, psychiatry, sleep dysfunction, fibromyalgia syndrome, treatment and management.

This is the first "bible" of ME/CFS. For patients, chapter after chapter confirms personal experience and explains possible causes of symptoms. From a historical viewpoint, the book provides basic knowledge of ME/CFS to apply today.

**Original Price: \$149.95 Remaining copies: \$30.00+ \$10.00 postage      \$40.00**

***Handbook of Chronic Fatigue Syndrome***

Leonard A. Jason (Editor), Patricia A. Fennell (Editor), Renée R. Taylor (Editor)

**Publisher:** John Wiley ([www.wiley.com](http://www.wiley.com)) ISBN: 0-471-41512-X (June 2003) 794 pages

A leading group of international contributors (including Dr. Byron Hyde) presents up-to-date information and guidance to improve the understanding, proper identification, and treatment of this debilitating disease. The Handbook of Chronic Fatigue Syndrome is an enlightening book for all mental health professionals, including psychologists, social workers, and counselors, as well as medical personnel, such as nurses, physicians, and physical-occupational therapists

This is the second "CFS" bible with further exploration of treatments developed in the last 10 years.

The Handbook was on display at the conference, but the WISCONSIN CFS ASSOCIATION did not order conference copies. **Please order through [www.wiley.com](http://www.wiley.com) The price in \$90.00**

## VHS and DVD

### **Wisconsin Pre Conference Video and DVD tapes**

#### **Effective therapies for CFS and FM**

The October 7<sup>th</sup>, 2004 program faculty included Jacob Teitelbaum MD, Ritchie Shoemaker MD., Byron Hyde, MD., and Karen Vrchota, MD. Because of schedule and cost, three tapes are available and can be ordered individually. Prices include postage. The Wisconsin Association cost is your cost. We are charging the cost of labor, equipment, duplication and postage.

#### **VHS**

The Set = all speakers	<b>\$25.00</b>
Jacob Teitelbaum MD	<b>\$9.00</b>
Ritchie Shoemaker MD	<b>\$9.00</b>
Byron Hyde, MD and Karen Vrchota, MD	<b>\$9.00</b>

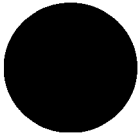
#### **DVD**

The Set = all speakers	<b>\$40.00</b>
Jacob Teitelbaum MD	<b>\$14.00</b>
Ritchie Shoemaker MD	<b>\$14.00</b>
Byron Hyde, MD and Karen Vrchota, MD	<b>\$14.00</b>

## ORIGINAL CD RECORDING FOR THE AACFS CONFERENCE

### **The CFS Blues**

Written & performed by Kathy Goll-Derstine ©2004



For the AACFS 7th International Conference  
Recording engineers Carol McComb & Craig Zarkos  
Mixed & mastered at Proxy Music Production

[www.cfsblues.com](http://www.cfsblues.com)

**The CFS Blues song is better than great. The recording artist donated copies to the Wisconsin Association as a fundraiser.**

**The cost is \$5.00 per CD. Thanks!**

### OCT 8<sup>th</sup> Art & Soul Music Café

From Chopin to original compositions of folk to blues, we shared 90 minutes of pure joy. All performers are wonderfully talented patients. Professionally taped.

<b>VHS</b>	<b>\$ 9.00</b>
<b>DVD</b>	<b>\$ 12.00</b>

#### **DVD - A Dance with Darkness**

This story, elegantly told through narrative and ballet, is Victoria Skye's journey with chronic fatigue syndrome. Ms. Skye is a Wisconsin Association board member giving her remaining copies to the association.

Suggested donation **\$10.00**

## Medical

### **Surgical Precautions**

**\$5.00**

A subset of ME/CFS/Fm patients have unexpected reactions to surgical drugs. This package of articles is about Orthostatic Intolerance (OI) in CFS patients, drug sensitivities, and surgical precautions for patients with OI. These peer reviewed journal articles and suggested precautions from ME-CFS/Fm clinicians is suitable to give to your MD.

### Conference poster

**For She is Life**

or

**Forest Royalty (the Bear)**

by Jan Hartley Wise

See: [www.janwise.com](http://www.janwise.com)

(Copy of 11x 14 print donated by artist with permission to reprint for the AACFS conference.)

**Suggested donation: \$10.00 - 2 for \$15**

If you presented at the AACFS conference and did not pick up your complimentary poster, please send us a request specifying which print you like.

## Cards

### **We're Not in Kansas Anymore**

**\$3.50ea**

Front: A photo from Burlington, VT – A winged monkey from the *Wizard of OZ* a top a building

Inside: Blank

Back: Designed by Rik Carlson with his story printed on the back

**Forest Royalty Series**, Fox, raven, bear, wolf, raccoon  
cards by Jan Wise

**\$3.00ea**

## AACFS

The AACFS Conference Syllabus includes the agenda and abstracts from all research, clinical, poster and patient sessions. AACFS Conference VHS and DVD tapes are sold in sets, one for each conference section, that is, research, clinical, and patient, about 30 hours of taping.

Please contact the AACFS to order a syllabus for yourself or your MD. (The estimated cost is \$25.00) The AACFS is also selling DVD and VHS tapes. The order form will be on their website. Cost is yet to be determined. AACFS contact information is:

AACFS

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[www.aacfs.org](http://www.aacfs.org)